

# NEWBORN HISTORY

## Birth to 6 months

Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Sex: M F Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

### BIRTH HISTORY

How long was the labor from the first regular contraction to the birth? \_\_\_\_\_ hours

How long was the 2<sup>nd</sup> stage (the pushing phase) of the labor? \_\_\_\_\_ hours

- |   |   |   |
|---|---|---|
| Yes No  | Yes No  | Yes No  |
| <input type="checkbox"/> <input type="checkbox"/> Hospital Birth          | <input type="checkbox"/> <input type="checkbox"/> Vaginal Delivery    | <input type="checkbox"/> <input type="checkbox"/> Was birth induced (Pitocin) |
| <input type="checkbox"/> <input type="checkbox"/> Home Birth              | <input type="checkbox"/> <input type="checkbox"/> Planned C-section   | <input type="checkbox"/> <input type="checkbox"/> Forceps Delivery            |
| <input type="checkbox"/> <input type="checkbox"/> Midwife Assisted        | <input type="checkbox"/> <input type="checkbox"/> Emergency C-section | <input type="checkbox"/> <input type="checkbox"/> Vacuum Extraction           |
| <input type="checkbox"/> <input type="checkbox"/> Anesthesia Administered | <input type="checkbox"/> <input type="checkbox"/> Head Presentation   |   |
| <input type="checkbox"/> <input type="checkbox"/> Fetal Distress          | <input type="checkbox"/> <input type="checkbox"/> Face Presentation   |   |
| <input type="checkbox"/> <input type="checkbox"/> Meconium Staining       | <input type="checkbox"/> <input type="checkbox"/> Breech Presentation |   |

### BABY'S CONDITION IMMEDIATELY AFTER BIRTH:

Apgar Scores: At 1 minute \_\_\_\_\_ / 10 At 5 minutes \_\_\_\_\_ / 10

Baby's Crying: Baby cried immediately after birth: \_\_\_\_\_  
Cried strongly: \_\_\_\_\_ week cry: \_\_\_\_\_ did not cry for \_\_\_\_\_ minutes

Baby's Color: Pink all over: \_\_\_\_\_ Blue face: \_\_\_\_\_ Blue hands/feet: \_\_\_\_\_

Baby's Activity: Arms and legs actively moving \_\_\_\_\_ Floppy baby \_\_\_\_\_

Intensive Care: Was required: Y N Days in Neonatal Intensive Care Unit: \_\_\_\_\_

Medication given at birth: \_\_\_\_\_ Vaccines administered: \_\_\_\_\_

Birth weight: \_\_\_\_\_ lbs/kgs Birth length: \_\_\_\_\_ ins/cms Baby home on day: \_\_\_\_\_

### HEALTH HISTORY

Primary Complaint: \_\_\_\_\_ Onset: \_\_\_\_\_

How many hours does your baby sleep between feedings? During day: \_\_\_\_\_ At night: \_\_\_\_\_

- |   |   |
|---|---|
| Yes No  |   |
| <input type="checkbox"/> <input type="checkbox"/> | Does your baby go to sleep easily? _____  |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a preferred sleeping position? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby cry if you change this sleeping position? _____                                   |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have any feeding difficulties? _____  |
| <input type="checkbox"/> <input type="checkbox"/> | Is baby being breast fed? _____ If no, for how long was baby breast fed _____ weeks/ months |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a one sided breast-feeding preference? _____ Preferred breast: Left / Right  |
| <input type="checkbox"/> <input type="checkbox"/> | Is baby formula fed? _____ Which formula or other milk source? _____                        |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby frequently spit-up after feeding? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Does your baby cry a lot? For how many hours each day? _____                                |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby pass a lot of intestinal gas? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby have a preferred head position? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby frequently arch his/her head and neck backwards? _____                            |
| <input type="checkbox"/> <input type="checkbox"/> | Does baby cry or become irritable during a diaper change? _____                             |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby ever had a fever? _____  |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby had any falls? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby been in a car accident or near-miss? _____   |
| <input type="checkbox"/> <input type="checkbox"/> | Has baby had any other trauma? _____  |
| <input type="checkbox"/> <input type="checkbox"/> | Has your baby been vaccinated? _____  |
| <input type="checkbox"/> <input type="checkbox"/> | Do you have any other concerns you wish to discuss? _____                                   |

**INFANT HISTORY**  
**7 months to 3 years**

Today's Date: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ Sex: M F Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

**HEALTH HISTORY**

Chief Complaint: \_\_\_\_\_ Onset: \_\_\_\_\_

Yes No

- Has your child had colic? \_\_\_\_\_
- Has your child had any upper respiratory infections? How often? \_\_\_\_\_
- Has your child had asthma? \_\_\_\_\_
- Does your child ever complain of back or neck pain? \_\_\_\_\_
- Does your child ever complain of pains in the arms or legs? \_\_\_\_\_
- Does your child ever complain of headaches? \_\_\_\_\_
- Has your child had any earaches? At what age did the first earache occur? \_\_\_\_\_
- How frequently does your child have earaches? \_\_\_\_\_
- Does your child's earaches usually tend to occur in the same ear? Is it the:  right  left  or both
- How your child had any other illnesses? Please list each illness and its approximate date: \_\_\_\_\_  
\_\_\_\_\_
- Is your child presently receiving any medication? \_\_\_\_\_
- Has your child ever been to a hospital or emergency room for evaluation or treatment?
- Has your child recently been vaccinated?

**NUTRITION**

- Is your child still being breast fed? If no, for how long was he/she breast fed? \_\_\_\_\_  
If still breast-feeding, how much cow's milk does the mother consume each day? \_\_\_\_\_
- Is your child formula fed? Which formula or other milk source? \_\_\_\_\_
- Is your child eating solid food? What is your child's favorite food? \_\_\_\_\_  
What foods does his/her diet contain? \_\_\_\_\_
- Does your child have any feeding difficulties? \_\_\_\_\_
- Does your child have any digestive disturbances? \_\_\_\_\_
- Does your child have any food allergies? \_\_\_\_\_
- Does your child have any persistent or intermittent skin rashes? \_\_\_\_\_
- Is your child receiving any vitamin supplements? \_\_\_\_\_

**TRAUMA**

- Has your child had any recent falls or trauma? If yes, describe the trauma and the date it occurred? \_\_\_\_\_  
\_\_\_\_\_
- Has your child ever fallen down stairs or fallen from any height? \_\_\_\_\_
- Has your child ever been in a motor vehicle collision or near-miss? \_\_\_\_\_
- Has your child ever had a bone fracture or joint dislocation? \_\_\_\_\_
- Has your child had any other trauma or injuries? \_\_\_\_\_
- Does your child ever bang his/her head repeatedly against a wall, bed or other object? \_\_\_\_\_

**GROWTH AND DEVELOPMENT**

- Can your child sit unsupported? At what age did your child start to sit-up? \_\_\_\_\_ mths.
- Is your child crawling yet? At what age did your child start crawling? \_\_\_\_\_ mths.
- Is your child walking yet? At what age did your child start to walk? \_\_\_\_\_ mths.
- Does your child often trip and fall? \_\_\_\_\_
- Do you have any other concerns about your child's growth and development? \_\_\_\_\_  
\_\_\_\_\_
- Do you have any other concerns about your child's health?

# PRE-SCHOOL CHILD HISTORY

3 years to 5 years

Today's Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Sex M F Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

## HEALTH HISTORY

Well-child Exam  Primary Complaint: \_\_\_\_\_ Onset: \_\_\_\_\_

Yes No

- Does your child complain of pain or discomfort? If yes, when did this occur? \_\_\_\_\_  
Was onset:  Sudden  or Gradual Is problem:  Constant  or Intermittent
- Has your child ever had this problem before? \_\_\_\_\_
- Has your child previously been treated for this problem? By whom? \_\_\_\_\_
- Has your child previous had chiropractic care? Previous Chiropractor: \_\_\_\_\_
- Does your child ever complain of back or neck pain? \_\_\_\_\_
- Does your child ever complain of pains in the legs or arms? \_\_\_\_\_
- Does your child ever complain of headaches? \_\_\_\_\_
- Has your child had asthma? \_\_\_\_\_
- Is your child allergic to anything? \_\_\_\_\_
- Are there any smokers in the child's home? \_\_\_\_\_
- Has your child had any earaches? At what age did the child's first earache occur: \_\_\_\_\_  
How frequently does your child have earaches? \_\_\_\_\_  
In which ear do your child's earaches usually occur?  Right  Left  Both
- Is your child presently taking any prescribed medication? \_\_\_\_\_
- Do you have any other concerns about your child's health?

Please list any other illness which has been a concern for your child.

Please list any surgeries your child has had

## TRAUMA

- Has your child had any recent falls or trauma? Describe the trauma and the date if occurred \_\_\_\_\_
- Has your child ever fallen from a bicycle, skateboard, scooter, rollerblades or similar? \_\_\_\_\_
- Has your child ever fallen down stairs or fallen from a significant height? \_\_\_\_\_
- Has your child ever been in a motor vehicle collision or near-miss? \_\_\_\_\_
- Has your child ever had a bone fracture or joint dislocation? \_\_\_\_\_
- Has your child had any other trauma or injuries? \_\_\_\_\_
- Does your child ever bang his/her head repeatedly against a wall, bed or other object? \_\_\_\_\_

## NUTRITION

- Do you have any concerns about your child's diet? \_\_\_\_\_
- Does your child have any food allergies? \_\_\_\_\_
- Does your child have any persistent or intermittently occurring skin rashes? \_\_\_\_\_
- Does your child take vitamin supplements? \_\_\_\_\_
- Does your child eliminate stools each day? \_\_\_\_\_

For how many months was your child breast-fed? \_\_\_\_\_

What does your child usually eat for Breakfast? \_\_\_\_\_

What does your child usually eat for Lunch? \_\_\_\_\_

What does your child usually eat for Dinner? \_\_\_\_\_

What does your child usually eat for Snacks? \_\_\_\_\_

How much cow's milk does your child drink each day? \_\_\_\_\_

What is your child's favorite food? \_\_\_\_\_

What type of fast foods does your child like to eat? \_\_\_\_\_

# SCHOOL-AGE CHILD HISTORY

6 years and Older

Today's Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Sex M F Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Reason for today's visit: \_\_\_\_\_

When did this problem first occur? \_\_\_\_\_

Yes No

Have you ever had this problem before? \_\_\_\_\_

Have you previously been treated for this problem? Doctors Name: \_\_\_\_\_

Have you previously been to a chiropractor? When: \_\_\_\_\_

## ABOUT YOUR HEALTH

In the past year have you had any of the following.

Back or neck pain? \_\_\_\_\_

Pains in the legs or arms? \_\_\_\_\_

Headaches? \_\_\_\_\_

Asthma? \_\_\_\_\_

Allergies? \_\_\_\_\_

Earaches? \_\_\_\_\_

Falls from a bicycle, skateboard, scooter, rollerblades or similar? \_\_\_\_\_

Do you ever have a problem with bedwetting? \_\_\_\_\_

Have you ever been in a motor vehicle accident? \_\_\_\_\_

Have you ever had any broken bones? \_\_\_\_\_

Have you ever had any surgeries? \_\_\_\_\_

Are you at present taking any medications? \_\_\_\_\_

Do you have any other health problems? \_\_\_\_\_

## ABOUT YOUR LIFESTYLE

What grade are you in at school? \_\_\_\_\_

How do you carry your school books? \_\_\_\_\_

How heavy is your school book bag? \_\_\_\_\_

What sports do you play? \_\_\_\_\_

What hobbies do you have? \_\_\_\_\_

How many hours each day do you watch TV? \_\_\_\_\_

How many hours each day do you spend using a computer? \_\_\_\_\_

How often do you play video games? \_\_\_\_\_

On average, how many hours sleep do you get each night? \_\_\_\_\_

Are there any smokers in your family? \_\_\_\_\_

Do you feel stressed out? \_\_\_\_\_

Do you have trouble reading the board in class? \_\_\_\_\_

Do you ever have blurred vision? \_\_\_\_\_

Do you wear glasses or contact lenses? \_\_\_\_\_

Do you sometimes get headaches when you read? \_\_\_\_\_

What do you usually eat for Breakfast? \_\_\_\_\_

What do you usually eat for Lunch? \_\_\_\_\_

What do you usually eat for Dinner? \_\_\_\_\_

What snacks do you have after school? \_\_\_\_\_

What is your favorite food? \_\_\_\_\_

How much water do you drink each day? \_\_\_\_\_

How many sodas or colas do you drink each day? \_\_\_\_\_

How often do you eat fast food items? \_\_\_\_\_